



आयुष मंत्रालय, भारत सरकार
Ministry of AYUSH, Govt. of India

YOGA Certification Board



**Yog Rishi
Swami Ramdev**
(Chairperson of
Steering Committee)



Swami Atmapriyananda
(Chairperson of
Technical Committee)



Dr. W. Selvamurthy
(Chairperson of
Assessment Committee)



Dr. R. Nagarathna
(Vice-Chairperson of
Technical Committee)



Dr. M. V. Bhole
(Vice-Chairperson of
Assessment Committee)

Why Certification and Accreditation through YCB?

- YCB set up by Government of India under Ministry of AYUSH for Certification and Accreditation
- Different categories to suit different levels of competences and skills of Yoga professional
- Accreditation of Yoga Institutions / centres under 4 levels based on scale and experience
- Better job opportunities for Yoga professionals in India and abroad
- Visa facilities to the certified Yoga professionals
- Certificates in Yoga Therapy
- Brings standards among Yoga Institutions
- Availability of large number of certified Yoga professionals to ensure correct practice of Yoga leading to healthy life.
- Catalyst for making Yoga as an organised sector.
- Enables public in making conscious decision in selecting suitable Yoga Instructor / Institution / Centre.



Dr. H.R. Nagendra,
Chancellor,
SVYASA University,
Bengaluru
Member



YOGA CERTIFICATION BOARD

Traditionally, Yoga Education was imparted by knowledgeable, experienced, and wise persons in the families (comparable with the education imparted in convents in the west) and then by the Seers (Rishis/Munis/ Acharyas) in Ashramas. The prevalence, popularity and its effects on the human mind and body are predominantly accepted world over.

The Ministry of AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy), Government of India in the wake of declaration of International Yoga Day in 2015, a scheme for Certification of Yoga professionals and Accreditation of Yoga Institutions was launched on 22nd June 2015. The certification and accreditation program initially started under the management of Quality Council of India (QCI).

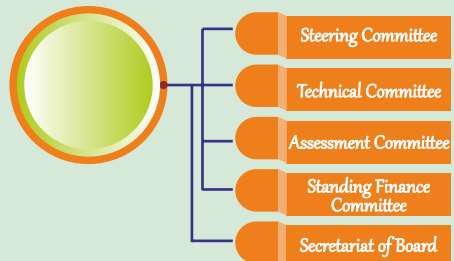
Establishment of Yoga Certification Board: Yoga Certification Board was set up in March, 2018; started functioning from June, 2018. The YCB is established under aegis of Morarji Desai National Institute of Yoga, Ministry of AYUSH, GoI with complete functional autonomy. Secretary, Ministry of AYUSH is the Chairperson of YCB. Joint Secretary, Ministry of AYUSH is the Vice Chairperson of YCB. The YCB has representation from Ministry of Health & Family Welfare, Ministry of Human Resource Development, Accreditation expert, Legal expert and Yoga expert. Secretariat of YCB is headed by CEO who is the Director of MDNIY.

Yoga Certification Board is established for certification of Yoga professionals and accreditation of Yoga Institutions, prescribing syllabus for various levels of Yoga trainers and other such activities that may be considered necessary for promotion of Yoga. Professional assessment of these service providers are carried out so as to certify the competencies so that the user of the service is assured of the skill sets possessed by the trainer.



Board Members of Yoga Certification Board (YCB)

The overall structure of the Yoga Certification Board: For the smooth functioning of the Board, 4 committees have been constituted. The Board has members from different ministries of Government of India, eminent Yoga gurus and scholars.





Steering Committee meeting of YCB

Aim and Objective of YCB

Aim: The aim of YCB is to bring quality and standards in practice of Yoga and to promote Yoga as career skill.

Objectives: The objectives of board are as follows:

- To promote Yoga as means to promote holistic health and human values.
- To promote Yoga as a career skill.
- To develop standards & parameters, assess competencies and to certify Yoga Professionals for various levels.
- To develop standards & parameters, assess competencies and Accreditation of Yoga Institutions/ Centres.
- To certify Yoga Professionals based on their competence.
- To accredit Yoga Institutions/ Centres based on their contribution in the field of Yoga.
- To bring uniformity in Yoga courses conducted across India and Globe.
- To motivate Yoga Professionals to attain higher levels of skills and competence.
- To create demand for certified Yoga Professionals and Yoga Institutions.
- To collaborate with national and international organisations for promotion of Yoga.

Vision and Mission of YCB

Vision: The vision of YCB is to enable people across the globe to lead a healthy life style and to make Yoga a way of holistic living by ensuring access to quality Yoga trainers.

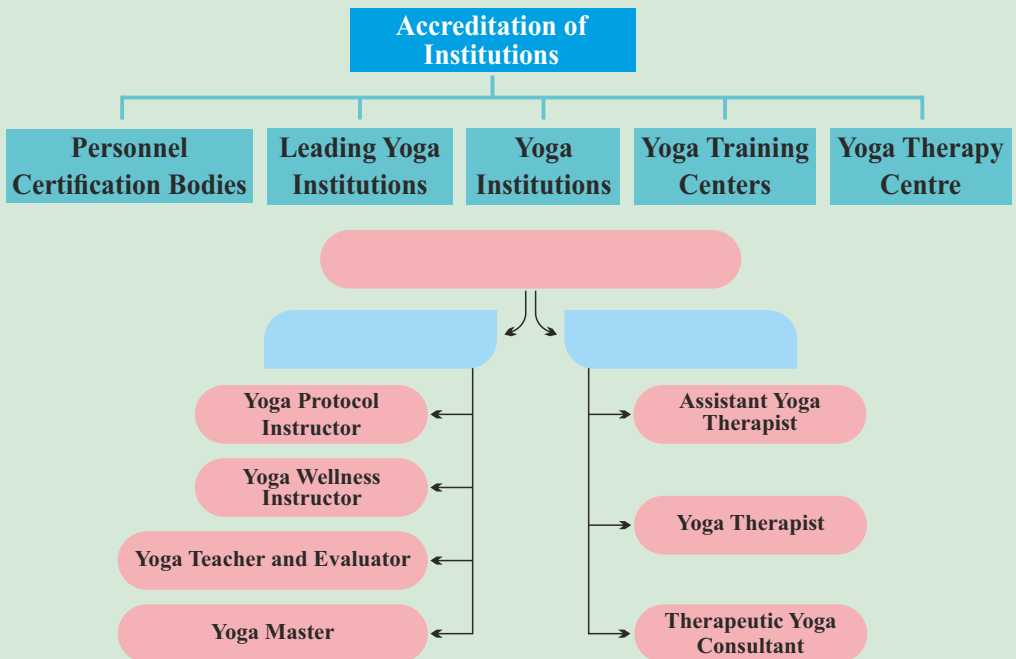
Mission: To define standards for Yoga training for Yoga institutions and Yoga professionals and assist them in achieving the same while imparting Yoga education to society.

Unique features of the certificates issued by YCB

- Certificate includes security features (QR Code) unique no. (online verifiable)
- Digital certificates to candidates
- Centralised repository of certified Yoga professionals
- Online platform for all payments / fee
- One time enrolment with lifelong validity under each category
- Centralised platform with linkages and details of all assessing agencies, all PrCBs, accredited Yoga institutions / centers, examination schedule etc.
- Ease of selection of exam centres and date of exam
- 3-tier security enabled examination process to ensure quality in conduct of exam.
- Video recording of examination process
- Assessment through empanelled examiners
- Intimation to applicants through Mail and SMS

YCB Programs / Schemes:

Yoga Certification Board aims to promote Yoga as career skill and to bring synergy, quality and uniformity in teaching of Yoga across the world. Yoga Certification Board has targeted its program for all the stakeholders like Yoga Professionals, Yoga Institutions/ centres and Personnel Certification Bodies.



Accreditation / Recognition of Institutions:

- Personnel Certification Bodies (PrCBs): YCB approves organizations who are authorized to conduct assessment of Yoga professionals on behalf of the Yoga Certification Board. Any organization fulfilling the criteria set by YCB can work as PrCB.
- Leading Yoga Institutions: The Yoga institution which is in existence for minimum of 15 years following a legacy of Yoga Tradition (parampara) and have contributed the body of knowledge in the field of Yoga education / training / therapy for at least 10 years will be termed as Leading Yoga Institutions.
- Yoga Institutions: The Yoga institution which has contributed to the body of knowledge in the field of Yoga education / training / therapy for at least 5 years and has produced quality yoga professionals will be termed as Yoga Institutions.
- Yoga Training Centers: The Yoga center which is committed towards promotion of health and wellness through Yoga for at least 2 years and has produced quality Yoga professionals will be termed as Yoga Training Center.
- Yoga Therapy Centres: Guidelines is under preparation.

Accreditation Fee for Personnel Certification Bodies (PrCBs)

	PrCBs in India	PrCBs outside India
Enrolment fee	Rs 25, 000	\$1,500
Assessment fee	Rs. 50,000+ Visit charges (Actual Boarding and Lodging)	\$3000+ Visit charges (Actual Boarding and Lodging)
Total	Rs. 75,000+ Visit charges	\$ 4500 + Visit charges
Annual Renewal fee	Rs. 25,000	\$1,500

Accreditation Fee for Yoga Institutions

in Rs.

S No.	Type of Yoga Institution	Enrolment Fee	Assessment Fee		Total	Annual renewal Fee
			Review Fee	Visit fee		
1	Leading Yoga Institutions	50,000	50,000	Actual (Travel, Boarding, Lodging and Honorarium,)	1,00,000	25,000
2	Yoga Institutions	25,000	25,000	Actual (Travel, Boarding, Lodging and Honorarium,)	50,000	15,000
3	Yoga Training Centres	10,000	10,000	Actual (Travel, Boarding, Lodging and Honorarium,)	20,000	10,000
4	Yoga Therapy Centres	10,000	10,000	Actual (Travel, Boarding, Lodging and Honorarium,)	20,000	10,000

Accreditation Fee for Foreign Yoga Institutions

(in Dollar \$)

S No.	Type of Yoga Institution	Enrolment Fee	Assessment Fee		Total	Annual renewal Fee
			Review Fee	Visit fee		
1	Leading Yoga Institutions	1000	2000	Actual (Travel, Boarding, Lodging and Honorarium,)	3000	1000
2	Yoga Institutions	750	1500	Actual (Travel, Boarding, Lodging and Honorarium,)	2250	500
3	Yoga Training Centres	500	500	Actual (Travel, Boarding, Lodging and Honorarium,)	1000	250
4	Yoga Therapy Centres	500	500	Actual (Travel, Boarding, Lodging and Honorarium,)	1000	250

Note: The total amount is excluding from the visit fee. The institutions shall pay the visiting expenses apart from the total assessment fee.

Certification under YOGA EDUCATION AND TRAINING

Name	Certificate holder can function as
Yoga Protocol Instructor	Yoga Instructors for teaching basics of Yoga to teach common Yoga protocol developed by the Ministry of AYUSH for International Day of Yoga. For classes in parks, societies etc., for prevention of diseases and promotion of health
Yoga Wellness Instructor	Yoga Instructor to teach Yoga for prevention of illness and promotion of wellness in schools, Yoga studios, work places etc
Yoga Teacher & Evaluator	Master Trainers in Yoga educational Institutions, Yoga training Courses and training programs. He or she can also act as Evaluator and assessor of Yoga professionals. Can teach in studios, Institutions, colleges/ universities/ Institutions of higher Learning
Yoga Master	Shall act as Master Educator/ Trainer in Yoga Educational programs & skilled professionals, can teach, evaluate & assess for all levels & will be a guiding force.

Certification under YOGA THERAPY -

Name	Certificate holder can function as
Assistant Yoga Therapist	Can work under supervision of certified physician or certified Yoga Therapist & Yoga Consultant on specific disorders
Yoga Therapist	Can work along with certified physician or certified Yoga Consultant to give Yoga Therapy on all disorders
Therapeutic Yoga Consultant	Can practice Yoga for treatment of diseases in medical setups or independently. He should be a registered medical practitioner in any stream with Yoga Therapy.

Continuing Yoga Education Program:

The certificates offered by the YCB are initially valid for 5 years for Yoga Protocol Instructor and for all other categories the certificate is valid for 3 years. The certified Yoga professionals are required to get renewal of his/her certificate before its expiry through attending Continuing Yoga Education (CYE) program. CYE program aims at motivating the candidate in career growth of Yoga professionals. CYE program includes 2 components:

- Assessment of candidates performance during the period of certification.
- Orientation to strengthen the candidate's skill as Yoga professional

The program is for 2-3 days and has 2 options

- Attending at Leading Yoga Institutions
- Through Video Conference or virtual mode

Empanelment of Observer, Lead Examiner and Examiner:

YCB conducts assessment of Yoga professionals throughout the year at different locations around the world.

Name	Eligibility
Observer	<ul style="list-style-type: none"> • Professional with Minimum Postgraduate and atleast 10 years of experience in assessment/ accreditation/ conducting exam etc • Must not be associated with assessing agency
Lead Examiner	<ul style="list-style-type: none"> • Any Postgraduate (Master) Degree with 1 year diploma in Yoga or subject related to Yoga with atleast 5 years of experience in teaching & training of Yoga OR • Postgraduate (Master) Degree in Yoga or subject related to Yoga with atleast 5 years of experience in teaching & training of Yoga <p>All the examiners shall have to be Level 3 Certified Yoga Professionals</p>

Examiner	<ul style="list-style-type: none">• Any Bachelor Degree with minimum 1 year diploma in Yoga or subject related to Yoga with atleast 3 years of experience in teaching & training of Yoga <p style="text-align: center;">OR</p> <ul style="list-style-type: none">• Postgraduate (Master) Degree in Yoga or subject related to Yoga with atleast 3 years of experience in teaching & training of Yoga• All the examiners shall have to be Level 3 Certified Yoga Professionals
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How to apply:

Accreditation/approval of Institution: Applications are invited from Personnel Certification Bodies (PrCBs), Leading Yoga Institutions, Yoga Institutions, Yoga Training Center in prescribed format for accreditation / approval of their institution. Interested institutions shall submit their application along with requisite documents on YCB website any time throughout the year. For more details, please visit YCB website 'www.yogacertificationboard.nic.in'

Certification of Yoga professionals: Interested Yoga professionals can enroll at YCB website for appearing in the examination conducted by YCB accredited / approved PrCBs, Leading Yoga Institutions, Yoga Institutions, Yoga Training Centers. YCB conducts examination throughout the year at different locations. For more details, please visit YCB website 'www.yogacertificationboard.nic.in'

Empanelment of Observers, Lead Examiners and Examiners: Applications are invited from the eligible candidates for the empanelment as Lead Examiners, Examiners and Observers in a prescribed format. Interested candidates can apply for empanelment in the requisite format to YCB anytime throughout the year.

For more information, pl. contact-

Chief Executive Officer
YOGA CERTIFICATION BOARD

Ministry of AYUSH, Govt. of India
MDNIY, 68, Ashok road, New Delhi – 110001

Ph.: 011-23354634, 23354695

Email: ycb18-mdniy@nic.in / ceoycb18-mdniy@nic.in

Website: www.yogacertificationboard.nic.in

FaceBook: <https://www.facebook.com/ycb18>

Twitter: YCB_YOGA